

Level 2 - Martial Arts

Belt Ranks (Required Stripes to Advance)

- **Green (3 stripes)** Stripes Required
- **Blue (4 stripes)** 1. Yellow
- **Purple (5 Stripes)** 2. Green
- 3. Blue
- 4. Purple
- 5. Brown

How ranks work:

- Students begin their journey any month
- All students do same material
- During week 4, students perform a Stripe Test.
- Stripes may be earned more than one at a time but no more than 2 can be earned at once.

Semester 1

Quarter 1

- Intermediate Kicks 1 - 5
- Counter Attacks 5 - 7
- Face Contacts 1 - 2
- Taeguk 5

Weapon Form

- Bo
- Sword

Stripe Testing and Graduation

In each area, students can earn a score of 1, 2, and 3.

- 1 - Needs improvement
- 2 - Acceptable Technique
- 3 - Outstanding Technique

As student gets a check mark when they earn a 2 or 3 in each category.

When all boxes are check in a category, a Stripe is earned. When required stripes are earned for Belt Promotion, the student shall graduate to the next belt.

Once each Belt, students can earn a Silver Stripe by completing the Etiquette Requirements.

- Intermediate Kicking
 - #1 Score: _____
 - #2 Score: _____
 - #3 Score: _____
 - #4 Score: _____
 - #5 Score: _____
- Weapons form
 - Correct Moves - Score: _____
 - Weapons Control - Score: _____
 - Balance - Score: _____
- Taeguk 5 (Oh Chang)
 - Correct Moves - Score: _____
 - Stances Accurate - Score: _____
 - Blocks Accurate - Score: _____
 - Hand Strikes Accurate - Score: _____
 - Hand Blocks Accurate - Score: _____
 - Balance - Score: _____
- Counter Attack
 - #5 - Score: _____
 - #6 - Score: _____
 - #7 - Score: _____
- Face Contacts
 - #1 - Score: _____
 - #2 - Score: _____

- Etiquette - Silver Stripe
 - Correct Belt Tying
 - Student Creed
 - Korean Counting to 20

Student Creed

I WILL DEVELOP MYSELF IN A POSITIVE MANNER AND AVOID ANYTHING THAT COULD REDUCE MY MENTAL GROWTH OR PHYSICAL HEALTH!

I WILL DEVELOP SELF DISCIPLINE IN ORDER TO BRING OUT THE BEST IN MYSELF AND OTHERS!

I WILL USE COMMON SENSE BEFORE SELF DEFENSE, AND NEVER BE ABUSIVE OR OFFENSIVE!

THIS IS A BLACK BELT SCHOOL - I'M MOTIVATED, I'M DEDICATED - I'M ON A QUEST TO BE MY BEST!